

CNN Heroes Award

[2018 Award Event](#)

Nomination of
Madam Lydia Abena Manu

Chief Executive Director (CEO)

Willingway Foundation Ghana

Mental Health - Treatment Works

(Ejisu – Kwamo, Ashanti Region, Ghana)

Nomination By:

Dr. K Newman

GhanaHero.Com, Baltimore, MD, USA

Ph: 410-944-4092

Email: professor.lungu@yahoo.com

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(Package designed and assembled by www.GhanaHero.Com at no cost to Willingway Foundation - Ghana because we believe that Madam Lydia Abena Manu is doing important work for Ghana and Africa. Madam Manus truly deserves to win a CNN Heroes award to help her raise funds that will allow her NGO to provide more, and better services to a growing population estimated to be as high as 13% of all Ghanaians.

Chief Executive Officer Lydia Abena Manu



CEO Education & Professional Qualifications



- **Diploma in Addiction Counseling, Sapta Training School, Nairobi, Kenya**
- **Trans African College, Accra , Ghana**
- **Liberty Specialist Training Institute, Koforidua, Ghana**
- **Camy's Vocational Institute, Accra, Ghana**

CEO Madam Lydia A. Manu, takes questions for the Ghana press during “Tramadol Abuse Campaign”, Kumasi, Ghana (2/7/2018)

About Willingway Foundation - Ghana

- Willingway Foundation - Ghana is non profit organisation, founded in the year 2011 in Ghana, as a rehabilitation centre for drug addicts and mentally sick people.
- The Foundation main aim is to achieve quality mental health services in terms of treatment and rehabilitation to enable patients lead an independent and productive life.
- Willingway Foundation – Ghana, in conjunction with World Health Organization (WHO), recognizes drug and substance abuse as a disease and started drug rehabilitation in the Ashanti Region of Ghana in an effort to provide quality care for drug users and addicts.

Willingway Foundation - Ghana is Impactful

Since its founding in 2011

- Approx. 5,280 clients have been served
- Approx. 3,115 have returned to live independently in the society.

Challenge of Mental Health Management (Ghana)

Health News of Saturday, 28 July 2018

Source: ghananewsagency.org

Health official demands operationalisation of Ghana's mental health law



A mentally challenged individual lying in the streets

The Upper West Regional Mental Health Coordinator, Mr Randy Sedem Agbodo, has appealed to Government to speed up implementation of Ghana's mental health law to guarantee better service delivery and prevent growing human rights abuse.

The Mental Health law was passed in March 2012 in an attempt to uphold improved mental healthcare service delivery as well as protect fundamental human rights of people living with mental problems.

But the law has not been fully operation since the passage, provoking public action by civil society organisations in 2017 who expressed misgivings about the lukewarm approach towards full implementation of the Law saying its enactment has failed to achieve the intended purpose.

Mr Agbodo in an interview with the Ghana News Agency said: "We have a mental law in Ghana which seeks to revolutionise mental health credibility in the country, but has since not been implemented by any government," he stated.

GDP Per Capital: Ghana
\$1,640.00
(2017)
Source:
<https://data.worldbank.org/indicator/NY.GDP.PCAP.CD?locations=KR-GH-JP&start=1960&view=bar>

SOURCE: <https://www.ghanaweb.com/GhanaHomePage/NewsArchive/Health-official-demands-operationalisation-of-Ghana-s-mental-health-law-672521>

The Statistic – From WHO to Ejisu-Kwamo, Ghana & Willing Ways Foundation

- According to the World Health Organization (WHO), of the 21.6 million people living in Ghana, 650,000 suffer from severe mental disorders and an additional 2,166,000 suffer from a moderate to mild mental disorder (http://www.who.int/mental_health/policy/country/ghana/en/).
 - This indicates approx. 13% of Ghanaians require some sort of treatment and care for mental disorder to ensure they contribute towards society, stay independent, and promote family/community safety and well-being
 - The majority of mental health services in Ghana are provided through specialized psychiatric hospitals (close to the capital and service only small proportion of the population in need (http://www.who.int/mental_health/policy/country/ghana/en/)).
- Willing Ways Foundation is about the only professional, privately-run, non-profit community-based mental services care center in Ghana, located at Ejisu-Kwamo, Ashanti, Ghana, approx. 20 kilometers from Kumasi, the Ashanti Region Capital, 2nd largest city in Ghana (Population - 2,069,350).
- Madam Lydia Manu, Executive Director, Willing Ways Foundation, deserves global recognition and award to propel her organization to greater heights that will allow her to provide better care for current residents under their care, and the many deprived of care because of lack of resources.

Willingway Foundation - Ghana Steps In!

About 45% of the support Willing Ways Foundation provides to people in treatment and residents comes directly from Madam Lydia Manu and her family. Current estimates is, it costs nearly \$10,000.00 a year in operating expenses (Willing Ways Foundation)



Staff Meeting

Madam Lydia Manu is on the Job 24/7/365

Service to Fellow Human Beings & Ghana

- From Ghanaian star singers and workers experiencing temporary social difficulties in life, to tender-aged babies rescued from the hands of their mentally-challenged mothers, to adult males chased out of their homes for smoking marijuana, to young women banished from their communities because the communities believe they are 'witches' possessed by 'spirits', etc., Madam Lydia Manu has been making a huge difference in Ghana.
- Madam Manu, for eight years and counting, has been using mostly her own resources, supplemented by whatever funds families of residents of the Willing Ways Foundation, Kwamo-Ejisu, Ashanti Region, Ghana, can afford, to take care of a growing residential population.
- As of July, 2018, there were 18 Women, 52 Men, and 2 Children under the care of Madam Manu's Mental Health and Rehabilitation Facility.
- Willing Ways Foundation receives practically no support from the Government of Ghana.
- Johnson and Johnson provides medicine for resident through Breast Care International (<http://breastcareinternational.org/>).

Services to Tender-Age Newly-Born Girl (Mother Diagnosed with Mental Disorder)

Current Population
Served

Females = 18

Males = 52

Children = 2

(Willingway Foundation - Ghana)



Willingway Foundation – Ghana

Every Person Desires the Care They Need



Providing Residential & Out-Patient Treatment Services



Current Population Served

Females = 18

Males = 52

Children = 2

(Willingway Foundation - Ghana)

Providing Education, Counseling, and Care to Young Girls Who Build Nations



Educating Student Nurses Drug Addiction & Mental Health



Kwadaso Nursing Training College, Kumasi, Ghana

Music & Culture Maestro Okomfo Kwadee

Madam Lydia Abena Manu has in recent months provided counseling services, part time employment, and other support to Ghana's top social commentator, culture rapper, and music maestro Okomfo Kwadee

IMAGE: (On The Mic) Okomfo Kwadae performing at Ofinso, Ashanti Region, Ghana, during "Walk Campaign Against Drug Abuse", organized by Willingway Foundation - Ghana

VIDEO: <https://www.youtube.com/watch?v=FKKKHuLLtio>



Stop Tramadol Abuse Campaign!

Sponsor: Willingway Foundation - Ghana



Madam Lydia Abena Manu Lends A Hand

Current Population
Served
Females = 18
Males = 52
Children = 2
(Willingway Foundation - Ghana)

CEO Madam Lydia Abena Manu Lends A Hand:
Street & Community Clean Up Exercise,
Mampong and creating awareness about
mental health and drug addiction (14/2/2018)



Presentation on Mental Health and Drug Addiction (Kwame Nkrumah University of Science & Technology)



RIGHT: Assistant Superintendent of Police (ASP) Jerimiah Alale, Member of the Board, Willingway Foundation – Ghana

MIDDLE: Mr. Kwaku Asare, Ghana Narcotics Control Board (NCB)

LEFT: CEO Lydia Abena Manu - Presenter

Presentation at the Presbyterian Church, KNUST (24/9/17)

Lydia Manu & Willing Way Foundation Are Making A Crucial Difference

7/15/2018

Ghanaians Lack Knowledge in Mental Health - Practitioner - Otec FM Online

Ghanaians Lack Knowledge in Mental Health – Practitioner

Date: September 26, 2017 Time: 6:29 am



Mental health practitioner and founder of the Willing Ways Foundation treating the mentally ill, alcoholics and drug addicts, madam Lydia Manu explains that Ghanaians lack knowledge about mental health.



Speaking in an interview with Otec FM's Evans Agyei Sikapa, madam Lydia bemoaned the way mentally ill persons are sexually assaulted, beaten, injured and left to die by abusive and neglectful society and called for an immediate change.



According to her, most Ghanaians consider mental illness as spiritual and demonic, and as a result take such people to prayer camps and spiritual homes for treatment.

"Why must a mentally ill person be chained at a prayer camp or any other place for treatment?", She fumed.

She explains that mental illness is just like any other sickness and must be treated same.

SOURCE: <http://otecfmghana.com/2017/09/ghanaians-lack-knowledge-in-mental-health-practitioner/>

NGO saves mentally deranged mother and child on world Mental Day

Date:October 12, 2017Time:7:58 pm



A Kumasi based rehabilitation centre known for treating mentally deranged, drug addicts and alcoholism, Willing Ways Foundation Ghana as part of the world mental health day celebration saved middle aged mentally ill nursing mother and her one (1) week baby girl.

Ghana joined rest of the world to mark the mental health day on Wednesday 10th October to create awareness of mental illness and how to live with such persons.

SOURCE: <http://otecfmghana.com/2017/10/ngo-saves-mentally-deranged-mother-and-child-on-world-mental-day/>

‘Willing Ways Foundation Ghana fetes mentally derange patients and drug addicts’ (January 4, 2018)



SOURCE: <http://otecfmghana.com/2018/01/willing-ways-foundation-ghana-fetes-mentally-derange-patients-and-drug-addicts/>

CEO, Administration & Governance



(Left) CEO Madam (middle) with
2 Dynamic Administrators

Willingway Foundation - Ghana is
Governed by a 5-Member of
Governors

(Below) Madam Aba Oppong
Acting Board Chairman



It's All About the People & Their Mental Health



Willingway Foundation - Ghana

Contact Information

QUESTIONS?

CNN Heroes Award Nomination by:

Dr. K. Newman

www.GhanaHero.Com

Ph: 410-944-4093

Professor.lungu@yahoo.Com

For

Madam Lydia Abena Nanu

Willingway Foundation - Ghana

P.O BOX 11994, ADUM-KUMASI

Ph: +233246617309

Ph: +233545205479

Get2abenamanu@gmail.com

info@willingway-gh.com